

<b>Item No:</b> 7.	<b>Classification:</b> Open	<b>Date:</b> January 31 2008	<b>Meeting Name:</b> Corporate Parenting Committee
<b>Report title:</b>		Child and Adolescent Mental Health Services (CAMHS) Spend Allocations for 2007/08	
<b>Ward(s) or groups affected:</b>		All	
<b>From:</b>		Strategic Director of Children's Services	

## RECOMMENDATIONS

1. To note the level of Child and Adolescent Mental Health Services (CAMHS) spend in Southwark for 2007/08.
2. To note the commitment to providing a comprehensive and inclusive service for all Children Looked After and for ensuring access to CAMHS support during transition to permanency where applicable.
3. To note the reduction in CAMHS funding to Southwark through the Area Based Grant (ABG) over the next three years, from £1.5m in 2006/7 to £1.213m 2008/09, £1.283m 2009/10 and £1.351m 2010/11.

## BACKGROUND INFORMATION

4. The CAMHS grant was a Department of Health Grant for Social Care supporting an integrated CAMHS service with Social Care and Health. The CAMHS grant ceases at the end of this financial year (2007/8).
5. Future funding for CAMHS to local authorities will be routed through the Area Based Grant (ABG). This is the first time that three years' funding has been announced in advance and provides an opportunity for longer-term strategic development.
6. In the financial year 2007/8, Southwark received a CAMHS grant totalling £1.5m. The annual percentage increases for the next three years have been published by the Department of Health. All of these increases are above the projected rate of inflation and, although this represents a real increase in value across local authorities as a whole, Southwark's allocation of £1.213m is an actual reduction of £308k on last year:
  - 2008/09 +4% (£1.213m)
  - 2009/10 +5.3% £1.283m)
  - 2010/11 +5% (£1.351m)

## KEY ISSUES FOR CONSIDERATION

7. In line with Southwark's commitment in the Children & Young People's Plan (CYPP) to reconfigure services to support early intervention, Southwark is dedicated to working with its partners to implement strategies to reduce waiting times for CAMHS, including use of additional resources where required. In particular, Southwark will continue to ensure that all Children Looked After

entering the Adolescent and After Care Service have a drug screening assessment as a standard part of annual health reviews, and young offenders and those with substance misuse problems receive timely access to CAMHS services. In addition, all Children Looked After are supported by the Carelink Service, which provides flexible therapeutic intervention to the children wherever they are placed. This service has contributed to Southwark's excellent record on achieving long-term placement stability for Children Looked After.

8. The Children's National Service Framework (NSF) and the Children Act are providing the emerging national framework for the development of services relating to children and young people. In the CAMHS arena, the emphasis has been on preventative services that are child and family-focused and that engage earlier, in a non-stigmatising way. The need for timely, effective and accessible services that are shaped by the views of service users has also been well articulated.
9. At the heart of Southwark's CAMHS strategy is the aspiration of achieving the universal emotional well-being of children and young people and improving their life chances within the family, social and educational settings.
10. The CAMHS grant in 2007/08 was £1,521,000 and is allocated across voluntary organisations, therapeutic placements, CAMHS management and commissioning, and staffing costs. The percentage allocated splits are as follows:
  - a) Voluntary organisations receive approximately 11% (£165,450) of the allocation and provide a range of services:
    - Place2Be: Counselling and support to children and parents in 9 primary schools to strengthen children's emotional health and well being;
    - From Boyhood to Manhood (FBMF): Programme for BME young men 16-18 years old to support better lifestyle choices, education and training;
    - Family Welfare Association (FWA) – Building Bridges: Home visiting and support to parents with mental health needs. Builds skills in the home for families that are referred by specialist mental health services (Adults or CAMHS);
    - Faces in Focus: Walk-in counselling service for young people (13-25 years) experiencing a range of difficulties including violence and isolation;
    - Capital Carers – Young Carers' Project: Programme of support and activities for children caring for a parent with mental health issues'
    - Parent Carer council – Contact A Family: Provides a voice to inform service providers of the needs of disabled children and their families;
    - Women of Africa: Advocacy and casework service for African families;
    - Restoring Lives: Resource centre, counselling, advice and guidance; a leadership programme for young people excluded and at risk.
  - b) Therapeutic Placements account for approximately 13% (£200,000) of the allocation and provide a contribution to meet the mental health needs of children in specialist placements.
  - c) CAMHS management and commissioning support accounts for approximately 11% (£168,000) of the allocation.
  - d) Staffing costs for a number of specific CAMHS services, account for 65%

(£1,000,550) of the allocation and include staff for the following as part of historical funding arrangements:

- South Locality Team - Provides access to brief interventions for mild to moderate levels of need. This team works out of GP surgeries and schools providing services to the South of the Borough to ensure equity across Southwark. The locality quadrant based provision relates to this work and links to the National Service Framework in respect of accessible services.
- Disabilities Service - This team is based in the Sunshine House Child Development Centre in Peckham and works alongside paediatricians and other specialist health personnel to ensure a wrap-around service to children with a disabilities and complex needs.
- Intensive Parenting Programme (IPP) - This small team works with parents and children referred by social services where there are child protection issues and offers parenting support to children with a high level and complex needs.
- Young People Service - This multi-agency CAMHS team, based in the Lister Health Centre in Peckham is well integrated into social services and offers support to vulnerable children and families. It provides specialist provision in respect of child sexual abuse cases and offers early diagnosis of significant mental health problems.
- Refugee Service - A psychologist based in the adolescent team in Bloomfield Centre at Guys Hospital works with refugees and asylum seekers to facilitate engagement with mainstream services and to provide system knowledge in respect of the needs of asylum seekers and refugees.
- Carelink - This high quality CAMHS team is embedded within social services and provides support to children going through the foster care process and where relevant through transition to permanency. The service also provides support in the first year of adoption and with individual care plans. Children are then supported to access mainstream provision where appropriate.
- Bridging the Gap - A family therapist/CAMHS worker focuses on severe mental health problems in the community and bridges the gap between voluntary sector agencies and Tier 3 provision.

11. In addition, Southwark PCT has CAMHS grant commitments of approximately £250,000 (2007/08) and this is allocated against a number of posts and service elements including sickle cell, keeping safe and learning disability.
12. Southwark provides a wide range of inclusive provision across tiers one to four and Southwark has been successful in improving the accessibility of CAMHS provision, including increased access points and provision delivered through community settings and partners.
13. The CYPP highlights the mental health needs in the borough, and Southwark continues to meet its investment targets for CAMHS (progress made towards a comprehensive CAMHS – assessment mark out of 16 (PAF A70)).
14. In the year 2007/08 Southwark has delivered an improved range of non-stigmatising and age-appropriate provision to support early intervention. To redress under representation of certain community groups, such as Black African children, there has been an increase of around £200k in commissioned services

to the voluntary and community sector over the past year.

15. The CAMHS service has a good reach across a wide range of ethnic groups (see Appendix 1). Approximately 50% of Children Looked After who access services come from the Black and ethnic minority population.
16. The feedback from the 2007 Annual Performance Assessment of Services for Children and Young People in Southwark highlighted that the CAMHS is good and meets the national average for progress towards a comprehensive service. All service extension targets have been met and the proportion of children and young people having to wait more than 26 weeks for a service is better than the national average.

### **Policy implications**

17. Sound CAMHS investment, linked closely to joined-up partnership working, will be required to deliver the commitments set out in Southwark's CYPP and in Southwark's CAMHS Strategy (2003-6), and directly links to Annual Performance Assessment (APA) and Joint Area Review (JAR) accomplishment.

### **Community Impact Statement**

18. There is significant demand in Southwark for accessible and appropriate mental health services for children and young people. There is a need to build on Southwark's strong partnership approach and to ensure that improvements in CAMHS services are sustained and new developments fostered, especially for those children and young people from under-represented community groups, such as Black African Children.

### **Resource implications**

19. Work is underway to identify how services can be reconfigured to minimise the impact of the reduction of Area Based Grant on vulnerable young people.

## **SUPPLEMENTARY ADVICE FROM OTHER OFFICERS**

### **Director of Legal and Democratic Services**

20. There are no legal implications arising from this report.

### **Finance Director**

21. There are no comments further to those outlined in the body of this report.

## **BACKGROUND DOCUMENTS**

### **APPENDICES**

No.	Title
Appendix 1	Southwark CAMHS caseload by Ethnic Group

## AUDIT TRAIL

<b>Lead Officer</b>	Romi Bowen, Strategic Director for Children's Services	
<b>Report Author</b>	Gwen Kennedy, Integrated Commissioning Manager	
<b>Version</b>	Final	
<b>Dated</b>	January 22 2008	
<b>Key Decision?</b>	No	
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / EXECUTIVE MEMBER</b>		
<b>Officer Title</b>	<b>Comments Sought</b>	<b>Comments included</b>
Director of Legal and Democratic Services	Yes	Yes
Director of Finance	Yes	Yes
<b>Executive Member</b>	Yes	Yes
<b>Date final report sent to Constitutional/Community Council/Scrutiny Team</b>	January 22 2008	

**Southwark CAMHS Caseload by Ethnic Group**

